

Sunday Programs

January 7

9:30 Adult Religious Education: "Practicing Doubt, Redrawing Faith ", (Part 1) (MH)
 10:15 Coffee and Conversation

10:45 Program: Rick Spradlin
Title: "What My Study of Disabilities Has Taught Me So Far: 30 Years as a Special Education Teacher"

Opener: Maureen Humphries
 Closers: Volunteer Closing Team
 Greeters: Judy Barnett and Orm Burnham

January 14

9:30 Adult Religious Education: "Practicing Doubt, Redrawing Faith", (Part 2) (MH)
 10:15 Coffee and Conversation

10:45 Program: David Marlowe, Director, Alzheimer's Association
Title: "Healthy Living for Your Brain and Body"

Service Leader: Ron Ussery
 Opener: Sidney Wilson
 Closers: Volunteer Closing Team
 Greeters: Chris Nix and Bill Edwards
 GATP: Double Churches Elementary School (to replenish school supplies)

January 21

9:30 Adult Religious Education: "Science of Mindlessness and Mindfulness", (Part 1) (MH)
 10:15 Coffee and Conversation

10:45 Program: Dave Hudson, Unitarian Universalist Metro Atlanta North
Title: "Climate Change"

Service Leader: Kirstin Mix
 Opener: John Kamisky
 Closers: Volunteer Closing Team
 Greeters: Justine Wade and Mark Berger

January 28

9:30 Adult Religious Education: "Science of Mindlessness and Mindfulness", (Part 2) (MH)
 10:15 Coffee and Conversation

10:45 Program: Rick Spradlin
Title: "The Inherent Worth and Dignity of Convicted Felons"

Service Leader: Ellen Harlan
 Opener: Linda Hagberg
 Closers: Volunteer Closing Team
 Greeters: Patricia Lassiter and Maureen Humphries

Childcare is provided every Sunday from 9:30 until noon

Thanks to **Joyce Hickson and Connie Ussery** for coordinating the programs this month.



**Unitarian Universalist
 Fellowship of Columbus**

Meeting Address:
 8827 Heiferhorn Way
 Columbus, GA 31904

Mailing Address:
 P.O. Box 698
 Fortson, GA 31808

Phone:
 706-660-1442

Email:
uucolga@bellsouth.net

Website:
www.uucolumbusga.org

Newsletter editor:
 Linda Hagberg



A Welcoming Congregation



You do not need to be a member of the Fellowship to attend any of these activities

Activities

Wednesday Night Discussion Group

This group meets every Wednesday night in the Meeting House at 7 p.m. and is open to everyone. The topic to be discussed is announced on the website calendar a few days in advance of the next meeting. (MH) *Exception: Jan. 31 will be held in the Meditation Garden.

UU Women

The Women's Group meets monthly on the second Thursday. The time of day and the specific plans vary from month to month. The details are usually announced a month in advance and are found in the newsletter and on the website.

Women's Book Club

A monthly meeting is held on the fourth Tuesday evening of each month at 5 p.m. in the Meeting House. The current book is announced a month in advance, giving everyone a chance to read it. The next meeting will be on January 23rd where we will discuss Gods in Alabama by Joshilyn Jackson and bring suggestions for books to read in 2018.

UU Singers

If you are interested in music or singing, please consider joining our UU Singers. Rehearsals are held every Wednesday night at 6 p.m. and on Sundays at 10:00 a.m. before the service. (GFH)

Friday Lunch Group

This group meets at the Mandarin Cafe each Friday at 12:30 to have fun and discuss current events. All members and friends of the Fellowship are invited to join the group for a lively discussion.

Exploring Spirituality

This group meets the first and the third Thursdays in the Meeting House at 7 p.m. The purpose of this group is to explore and grow in our own spirituality and to learn how our own spirituality expresses itself in our daily lives..

Spirituality Book Club

On January 25 the Spirituality Book Club will meet in the Meeting House at 7 p.m. to discuss "Your Soul's Gift" by Robert Schwartz.

Calm Abiding Meditation at 9:45 followed by Buddhist Studies at 10:30

This group will be led by Joanie Andras who led our Mindfulness 101 group. The group will meet every Saturday from 9:45 through 11:30 a.m. in the Meeting House. There is no charge for this class but Joanie encourages donations to the UU Fellowship.

Each class will begin with a description of Calm Abiding meditation and then a 20 minute meditation. After the meditation you will read and discuss the Buddhist path of cultivating loving-kindness, compassion, and wisdom using the book, The Buddhist Path, A Practical Guide from the Nyingma Tradition of Tibetan Buddhism by Khenchen Palden Sherab Rinpoche and Khenpo Tsewang Dongyal Rinpoche. Joanie has copies of the book to share and/or people can buy a copy.

This is a free and open format (come for some or all of the sessions.) The public is welcome.

January 1 Brenda Stevens
5 Linda Bass
9 Chris Newland
12 Ann Newland
13 Mary Schley



January 16 Pat Hart
20 Joyce Hickson
22 Kenny Gray
24 Katie Dillard

Children's Religious Education

(meets in the Meeting House)**

January 7	Working Together
January 14	Do No Harm
January 21	Art Lesson
January 28	Making A Difference

**Children come to the sanctuary for the beginning of the service, then are dismissed to the RE classroom.

* RE is for age 4 and above, childcare is provided for children under age 3 upstairs.

Volunteers are needed to teach RE and also to read the Children's Story.

notes from.....The Social Action Committee

Thanks to the generosity of the Fellowship, we presented an undocumented family with a substantial donation so that they could have a nice Christmas. They were very grateful.

We also were able to present Benchmark Services with 30 duffel bags each filled with toiletries, school supplies, a small blanket and a stuffed animal to go to children who came into foster care. We also presented them with a check for \$100 to go towards their expenses for a Christmas Party.

This month our GATP goes to Double Churches Elementary School to replenish school supplies.



January 31, 2017
Imbolc
Meditation Garden
7 p.m.

Please plan to join us for another fun evening of fellowship while hearing about the celebration of Imbolc, a Celtic festival celebrating the beginning of spring.

The grill will be fired up by 6:30 if you'd like to bring something to eat before the celebration begins. BYOB.

Officers for 2018

President: Bill Harlan

V. Pres. Programs: Connie Ussery

Asst. to V. Pres. Programs: Joyce Hickson

V. Pres. RE: John Land

Treasurer: John Hart

Asst. Treasurer: Ron Ussery

Secretary: Patricia Lassiter

Trustee: Maureen Humphries

Trustee: Ursula King

Trustee: John Kamisky

We want to thank Bill Edwards for his work with the Board this past year.

Bits and Pieces

- * The Fellowship extends our sympathy to Bill and Dixie Turman on the death of Bill's mother, Edna Earle McCullers Turman, who died on December 10, 2017.
- * In December we held our Fellowship Christmas Party. It was a wonderful time to spend time with our friends and enjoy the singing of the Jingle Belles and the unforgettable hulas performed by Ron Ussery and Orm Burnham. Thanks to all who participated.
- * We also had a wonderful piano performance by Koki Sato and Hongling Liang on December 17th. There was a good crowd in attendance and the music was delightful!
- * HAPPY NEW YEAR!!!