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## Sunday Programs

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**May 6**

9:15 Adult Religious Education: "What is Spirituality?" (MH)  
 10:15 Coffee and Conversation

10:45 Program: Rick Spradlin  
*Title: "What Does Spirituality Sound Like?"*

Service Leader: Rick Spradlin  
 Opener: Pat Hart  
 Closers: Volunteer Closing Team  
 Greeters: Judy Barnett and Patricia Lassiter

**May 13**

9:15 Adult Religious Education: "Our Search for Truth and Meaning" (MH)  
 10:15 Coffee and Conversation

10:45 Program: Joyce Hickson, Silver DeWitt, Connie Ussery  
*Title: "Thanks Mom, A Tribute to Mothers, Then and Now"*

Service Leader: John Land  
 Opener: Maureen Humphries  
 Closers: Volunteer Closing Team  
 Greeters: Bill Edwards and Jeff Gordon

**May 20**

9:15 Adult Religious Education: "What Matters in the End" (Part 1) (MH)  
 10:15 Coffee and Conversation

10:45 Program: Rick Spradlin  
*Title: "What Does Spirituality Look Like?"*

Service Leader: Rick Spradlin  
 Opener: Sidney Wilson  
 Closers: Volunteer Closing Team  
 Greeters: Orm Burnham and Maureen Humphries  
**GATP: Women's Shelter, Damascus Way**

**May 27**

9:15 Adult Religious Education: "What Matters in the End" (Part 2) (MH)  
 10:15 Coffee and Conversation

10:45 Program: Bain Cowell  
*Title: "Hard Power" vs. "Soft Power" in U.S. Foreign Policy*

Service Leader: Ron Ussery  
 Opener: John Kamisky  
 Closers: Volunteer Closing Team  
 Greeters: Mark Berger and Chris Nix



**Unitarian Universalist  
 Fellowship of Columbus**

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 Linda Hagberg



**A Welcoming Congregation**

**Childcare is provided every Sunday from 9:30 until noon**

Thanks to Joyce Hickson and Connie Ussery for coordinating the programs this month.



**You do not need to be a member of the Fellowship to attend any of these activities**

## Activities

### **Wednesday Night Discussion Group**

This group meets every Wednesday night in the Meeting House at 7 p.m. and is open to everyone. The topic to be discussed is announced on the website calendar a few days in advance of the next meeting. (MH)

### **UU Women**

The Women's Group usually meets monthly on the second Thursday. The time of day and the specific plans vary from month to month. The details are usually announced a month in advance and are found in the newsletter and on the website. This month we are meeting on May 10 at 2 p.m. at Cathy Fussell's loft for an informal talk on quilting and quilts. Please RSVP to Brenda Stevens. Directions to Mrs. Fussell's home will be sent via email to those interested in attending.

### **Women's Book Club**

A monthly meeting is held on the fourth Tuesday evening of each month at 5 p.m. in the Meeting House. The current book is announced a month in advance, giving everyone a chance to read it. The next meeting will be on May 22 to discuss The Girl on the Train by Paula Hawkins. The discussion will be led by Joyce Hickson.

### **UU Singers**

If you are interested in music or singing, please consider joining our UU Singers. Rehearsals are held every Wednesday night at 6 p.m. and on Sundays at 10:00 a.m. before the service. (GFH)

### **Friday Lunch Group**

This group meets at the Mandarin Cafe each Friday at 12:30 to have fun and discuss current events. All members and friends of the Fellowship are invited to join the group for a lively discussion.

### **Exploring Spirituality**

This group meets on the third Thursday in the Meeting House at 7 p.m. The purpose of this group is to explore and grow in our own spirituality and to learn how our own spirituality expresses itself in our daily lives.. The topic for May 17th is "The Generosity of Spirituality" and will be led by Sidney Wilson.

### **Spirituality Book Club**

This group meets on the fourth Thursday of each month in the Meeting House at 7 p.m. The book for May 24th is Care of the Soul by Thomas Moore.

### **Caregivers Support Group**

This group meets on the first and third Thursday mornings of each month at 10:30 a.m. in the Meeting House.

### **Calm Abiding Meditation at 9:45 followed by Buddhist Studies at 10:30**

This group resumes on May 12. The group has a free and open format (come for some or all sessions) and is led by Joan Andras. The public is welcome.



## MAY BIRTHDAYS

5	Florence Wakoko Studstill
25	Joanna Walker
28	Claudia Wade
28	Phillip Wade

## *Children's Religious Education*



May 6	Unconditional Love
May 13	Seek Truth
May 20	Be Fair
May 27	Finding Balance

## *Bits and Pieces...*

*GATP this month goes to the new Women's Shelter at Damascus Way.*

*Opal Godwin, a member of UUFC since 1976, died on March 30. Her Memorial Service was held here at UUFC on April 4, 2018. Our sympathy goes out to her family.*

*Homecoming Weekend and Annual Membership Meeting at The Mountain is May 25-28.*

## **Last Wishes**

A few years ago, UUFC developed **Last Wishes**, a repository for your words and your wishes that can be kept in the office files and given to your family upon your passing. We developed a questionnaire that prompts you to describe the type of funeral or memorial service you want, what you'd like in terms of music, poems, etc. It can be brief or lengthy. Information like this is helpful to the family, and to anyone helping to plan a service, even if the service is not held here. If you'd like to find out more about **Last Wishes**, ask our office administrator, Brenda Stevens.

## *A Message from Bill Harlan*

### UUFC Board Focuses Efforts During Retreat

The UUFC Board met April 13-14, to consider our Fellowship's bucket list of more than a hundred wishes, goals, objectives, projects and tasks. Members of the Fellowship have been developing this list since August 2015, when we held a brainstorming session in the Meeting House.

During the retreat, we organized this list into things we want to accomplish this year, in 2019 and within the next five years. And some items remain on our long-term bucket list.

These objectives range from small—fixing the hole a bird pecked in our exterior siding—to growing our Fellowship to 200 members and friends (from the current 121). Some of the projects we listed have already been completed and crossed off the list. Others will take years and teams of volunteers. Project managers have volunteered to manage each of these tasks, and we're developing a method that we think will keep us on track.

To say our Fellowship has accomplished a lot in the past four years is an understatement. We've moved from a small ranch house to Grace Fellowship Hall. The purpose of the retreat was to focus on what we want to accomplish in the next five years and better measure our progress.

To that end, three of our goals for 2018 will be to write three short statements:

- A vision statement
- A mission statement
- A statement of covenants

The Fellowship already has a mission statement, and it's a good one. You can read it at [uucolumbusga.org](http://uucolumbusga.org). A vision statement is a broader view of what we want the Fellowship to become over the long term. Then we'll refine the mission statement to better reflect that long-range vision. Covenants are the agreements we make about how we treat each other and the community outside the Fellowship. For more on our approach to this Process, see the UUA document "Vision, Mission, and Covenant: Creating a Future Together." (Google that title or [click on this link](#).) We will tailor this approach to fit our own unique UU family.

Lay Leader Rick Spradlin, newsletter editor Linda Hagberg and office administrator Brenda Stevens also participated in the retreat. This year we'll be encouraging all members and friends to participate in the process. We'll also have a list of projects available, and volunteers will be most welcome.

We want to hear your comments, suggestions, questions and concerns. Feel free to contact me or any member of our board. I'm looking forward to an exciting five years.

Bill Harlan  
President  
Unitarian Universalist Fellowship of Columbus

## May Day/ Beltane Celebration



Please join us in the Meditation Garden on Wednesday, **May 2**, to celebrate both of these holidays. The grill will be up and running by 6 p.m. and the festivities will begin at 7 p.m. Bring your favorite beverage, and some to share if you are so inclined.

If there is inclement weather, we will move to the Pavilion. If there is **severe** inclement weather...such as a thunderstorm...we will gather in the Meeting House.

Beltane traditionally has a bonfire, so we plan on having one too, and will pay homage to the traditional Beltane, and then to Worker's Day with some familiar workers' songs.



Game Night  
Grace Fellowship Hall  
Friday, May 11th at 7 p.m.  
\$7.00 per person

Please join us for a night of fun and games. Card games, board games, take your pick.

The proceeds from this event will go towards interior painting



UU Women  
Thursday, May 10 at 2 P.M.

For the May meeting, the UU Women's Group has been invited to the home and studio of Cathy Fussell. Cathy is a master quilt maker with an extensive knowledge of the history and art of quilt making. Her talents have been widely recognized and she was commissioned to create a quilt for Michelle Obama. Cathy has generously invited us to a "studio visit and bed turning". Cathy tells us that this is the terminology used by quilters to refer to an event in which quilts are piled on a bed and then picked up one at a time and briefly talked about.

Please RSVP to Brenda. She will give directions to Mrs. Fussell's home. Carpooling can be arranged.



The Annual Fan Project will begin on Sunday, May 6th. This project is our annual effort to help those who need relief from the summer-time heat. Please look for the Fan Project table and be generous in your donation.

For the latest news, visit our dynamic new website: [www.uucolumbusga.org](http://www.uucolumbusga.org) for all the latest info about programs, schedules and announcements.