Sunday Programs

July 1

9:15 Adult Religious Education: "UU and Patriotism" (MH)

10:15 Coffee and Conversation

10:45 Program: Connie Ussery and Joyce Hickson Title: "What Does it Mean to be an American?"

Service Leader: Opener: Bill Harlan

Closers: Volunteer Closing Team Greeters: Judy Barnett and Chris Nix

Potluck lunch in the pavilion after church

July 8

9:15 Adult Religious Education: "Intention and Attention: Conscious Choices" (MH) 10:15 Coffee and Conversation

10:45 Program: Lynn Norris
Title: "Racial Trustbuilding"

Service Leader: Ron Ussery

Opener: Pat Hart

Closers: Volunteer Closing Team Greeters: Orm Burnham and Jeff Gordon

July 15

9:15 Adult Religious Education: "Five Reasons You Shouldn't Be A UU" (MH)

10:15 Coffee and Conversation

10:45 Program: Rick Spradlin

Title: "Response and Ability"

Service Leader: Rick Spradlin Opener: John Kamisky Closers: Volunteer Closing Team Greeters: Bill Edwards and Mark Berger **GATP:** Contributions for Emily Jones

July 22

9:15 Adult Religious Education: "Why Do Some Regard UU as a Cult?" (MH)

Coffee and Conversation 10:15

10:45 Program: Dr. Lloyd Sampson

Title: "Constitutional Origins of the Second Amendment"

Service Leader: John Land Opener: Maureen Humphries Closers: Volunteer Closing Team

Greeters: Patricia Lassiter and Maureen Humphries

July 29

9:15 Adult Religious Education: "An Evangelical Christian and a UU on a Plane" (MH)

10:15 Coffee and Conversation

Program: Harvey Richman 10:45

Title: "Know Thyself: Your Personality and You"

Service Leader: Ron Ussery Opener: Sidney Wilson Closers: Volunteer Closing Team

Greeters: Robert Burnham and Justine Wade



Unitarian Universalist Fellowship of Columbus

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A Welcoming Congregation







You do not need to be a member of the Fellowship to attend any of these activities

Activities

Wednesday Night Discussion Group

This group meets every Wednesday night in the Meeting House at 7 p.m. and is open to everyone. The topic to be discussed is announced on the website calendar a few days in advance of the next meeting. (MH)

UU Women

The Women's Group usually meets monthly on the second Thursday. The time of day and the specific plans vary from month to month. The details are usually announced a month in advance and are found in the newsletter and on the website. This month we are meeting at the Fellowship at 6 p.m. on Thursday evening, July 12th, for a pot luck dinner.

Women's Book Club

A monthly meeting is held on the fourth Tuesday evening of each month at 5 p.m. in the Meeting House. The current book is announced a month in advance, giving everyone a chance to read it. The next meeting will be on July 24th to discuss "Born a Crime: Stories from a South African Childhood" by Trevor Noah.

UU Singers

If you are interested in music or singing, please consider joining our UU Singers. Rehearsals are held every Wednesday night at 6 p.m. and on Sundays at 10:00 a.m. before the service. (GFH)

Friday Lunch Group

This group meets at the Mandarin Cafe each Friday at 12:30 to have fun and discuss current events. All members and friends of the Fellowship are invited to join the group for a lively discussion.

Exploring Spirituality

This group meets on the third Thursday in the Meeting House at 7 p.m. The purpose of this group is to explore and grow in our own spirituality and to learn how our own spirituality expresses itself in our daily lives. On July 19th we will discuss the book "Agnostic: A Spirited Manifesto" by Lesley Hazelton.

Caregivers Support Group

This group meets on the first and third Thursday mornings of each month at 10:30 a.m. in the Meeting House.

Calm Abiding Meditation at 9:45 followed by Buddhist Studies at 10:30

The group meets on Saturday mornings and has a free and open format (come for some or all sessions) and is led by Joan Andras. The public is welcome.

Committee Meetings

Congregational Care—Tuesday, July 10 at 10:30 in the Meeting House

Design Team — Fourth Tuesday of each month at 3:30 in the Meeting House

Fundraising — Thursday, July 12 at 10:30 in the Meeting House

Social Action — Wednesday, July 13 at 10:00 in the Meeting House



Children's Religious Education (on hiatus for the summer)

Childcare is available on Sundays from 9:15-12:00

koinonia

by Rev. Ed Wilson

Did you see that item in the June 18 issue of TIME magazine— about koinonia? I had thought it was always a proper noun referencing the faith community in South Georgia that was established by a brother-in-law of our late, beloved member Grace Jordan. TIME presented it as a common noun, the word with which 14-year old Karthic Nemmani won the 2018 Scripps National Spelling Bee. Wow! TIME also offered a definition of koinonia: "intimate spiritual communion and participative sharing in a common religious commitment and spiritual community." Wow again! Here's one dictionary word that sums up the ideals and goals of our fellowship. It's from the Greek, but I didn't see it when I took New Testament Greek in college. "Intimate spiritual communion..." What a beautiful description of what we need and want in our fellowship.

"Participative sharing in a common religious commitment and spiritual community." My dictionary says that in Greek it means simply, fellowship. Okay, so *koinonia* is and of itself a noun whose meaning sets up what we should strive for our fellowship to be. What do you say we get this word out of hiding and measure our fellowship by its terms? Are we koinonia? Are we "intimate spiritual communion and participative sharing in a common Religious commitment and spiritual community?" I think that if we make the effort, we can be. So, let's cultivate "intimate spiritual communion" so that we can have "participative sharing in a common religious commitment and spiritual community" - so that we will in fact be koinonia. What a beautiful word! Let's adopt it as an expression of what we want to be!

July 1, after church

You are cordially invited

To our annual

Independence Day celebration.

UU will furnish hot dogs and hamburgers. Please bring a salad, casserole or dessert to share.

We will eat in the pavilion by the creek, or move inside in case of inclement weather.

Bits and Pieces...

- Congratulations to Kayla and Josh Greer who were married at Folly Beach, SC on June 2. Our best wishes for a long and happy marriage!
- The Congregational Care Committee is looking for more committee members to increase activity with members and friends. Contact Maureen Humphries.

Many of you have read the inspiring article of our friend Major Christina Truesdale written by Annette Gomes, *Warrior Care and Transition*. We've posted it on our bulletin board and handed out copies. The title of the article is "Cheating Death and Winning in Life". Major Truesdale, "a flight surgeon, jumpmaster and veterinarian is lucky to be alive after several injuries and health challenges almost cost her her life". Not only did she survive, but fought to recover and has competed in the *2018 Department of Defense Warrior Games* in Colorado Springs. "Through her journey to recovery, she developed a new attitude and a mantra of sorts. She says, "When I'm feeling defeated, I just remember: NO = next opportunity, END = effort never dies, and FAIL = first attempt in learning". "A perspective and approach we could all benefit from".

JULY BIRTHDAYS

2 Ellen Harlan
8 Rabia Siddique
10 Jeff Gordon
11 Millie Lewis



JULY BIRTHDAYS

- 19 Bill Harlan
- 21 Jackie Grandy
- 22 Patricia Tarkington
- 28 Demari Jones

GIVE AWAY THE PLATE

This month we will give away the plate to one of our own members, Emily Jones, who just experienced the loss of her home due to a house fire. They lost everything they owned. Please be generous.

They can also use gift cards from Sam's or Wal-Mart or cards from restaurants such as Cracker Barrel, Chick Fil A, Longhorn, etc. You may mail them to Emily at: 900 Stewart Rd., LaGrange, GA 30241 or bring them to Brenda who will mail them.

****Upcoming Event***

BARBEQUE COOKOUT



August 4th from 5-8:30 p.m.

The fundraising committee will host a barbecue cookout to fund their projects. It will be held in the pavilion and inside Fellowship Hall and will feature meat, side dishes and desserts.

Cost will be \$10 per person, BYOB There will be Entertainment!!!